

Fee Schedule

FREE FIRST 30 MINUTE CONSULTATION!

- **Individual Counselling- Per Session Fee (50 minutes): \$110.00** per session
- **Marriage Counselling- Per Session Fee (50 minutes): \$120.00** per session
- **Family Counselling- Per Session Fee (50 minutes): \$120.00** per session
- **Consultation—Per One Hour : \$120.00** & pro-rated for telephone consultation.

Policies to be Aware Of

- Payment for each session is expected at the time of service based on the agreed upon "Payment Agreement" reviewed at the end of the first session- A 24-hour cancellation call is needed to waive the session fee
- An "Informed Consent for Counselling Form" is made available to, and reviewed with, the client during the first session.
- "Relationships Counselling Practice" is a private practice guided by the Ethical Standards & Guidelines of the BCACC
- BC Association of Clinical Counsellors— Registered Clinical Counsellors are recognized by some providers with workplace health benefit plans. Please check before entering the payment agreement.

Office Location



Conveniently Located

in Cloverdale's

Zion Lutheran Church & School

5950—179 th. Street Surrey, BC

Building A – Ring the Bell!



Relationships Counselling Practice

Dr. Harry Janzen, Ed.D

Registered Clinical Counsellor

BCACC Registered # 3094



**- Counselling for Individuals, Couples,
Families, Teens, & Children -**

FREE FIRST 30 MINUTE CONSULTATION!

5950 - 179th Street—Surrey, V3S 4J9, BC

In Cloverdale across the street from Lord Tweedsmuir

Call 778-549-9466

relationships counselling@hotmail.com

Relationships Counselling Practice

Over 20 Years of Counselling

Experience at Your Service!

As a clinical counsellor my first priority is to use my education, experience, skills, and the best available research-based practices to help my clients make the difficult life changes & choices they need to make. A good first step to find out if *Relationships Counselling Practice* might be "a good fit" for you is to read over this brochure. Then if you are still interested get in touch and arrange for my **free 30 minute counselling consultation**. To do this just call— **778-549-9466** or send me an e-mail!

After such a first meeting most clients are able to decide if they would like to move forward with counselling and commit to the first of three appointments of the *Assessment Phase*. It is in this phase that counselling goals and a treatment plan are shaped and agreed upon together. This plan is then followed during the *Treatment Phase*. The length of this phase varies from client to client. Typically this usually involves five or six counselling sessions.

The third phase is the *Ending Phase*. In this phase clients are prepared to maintain the progress they have made. Future "check-in" sessions are planned to prevent movement backwards and to receive the additional support they may need.

Counselling often provides individuals, couples, teens, children, and families the opportunity to discover more productive ways to relate & resolve their problems! Why not give it a try!

Make an appointment now!



*BCACC Registered Clinical
Counsellor M.A. in Counselling
Psychology, University of
Oregon.*

- **Current owner and counsellor of this practice**
- **Former Elementary & Secondary Teacher & School Principal- BEd. & Ed.D in Educational Leadership, Nova Southeastern University, FL.** (25 years of professional experience primarily in the Vancouver School District's East-side Inner City schools.)
- **Former High School Counsellor-Vancouver School District**
- **Former Director of Willingdon Counselling Services in Burnaby** (former pastor & pastoral counsellor; ordained & licensed minister with the BC Conference of Mennonite Brethren Churches)



*Specializing in Marriage
Counselling*

- **Pre-marriage & couple counselling**
- **Extensive use of the Gottman research based approach**
- **Discover new ways to build your marital house**

- Specializing in Marriage Counselling-

- Improve the way you communicate care & support
- Enhance friendship & intimacy in your marriage
- Exchange your toxic marital communications with true dialogue, learning conversations, and resolution
- Gain hope for your marriage & learn to make repairs
- If needed create separation agreements through mediation instead of taking a costly legal path.

- Specializing in Family Counselling-

- Use the *Adlerian Family Systems* approach to strengthen every family members sense of belonging
- *Child behaviour and guidance*- helping children behave responsibly in the family, in school, & with peers.

- Specializing in Individual

Cognitive-Emotional Counselling! -

- Use *Cognitive-Behaviour Therapy* to address damaging emotions like anxiety, panic, anger, fear, depression, resentment or guilt.
- Learn to create margin in your overloaded life
- Use a *Christian perspective* to address spiritual matters when it is deemed helpful by my clients.

Specializing in Marriage & Family Relationships!